

## Classroom Presentation Details:

Each individual school or county determines if the boys and girls are in the same classroom or separated.

### 7<sup>th</sup> Grade

What is a healthy relationship?  
What is the typical profile of an American teen?  
What are the top 5 influences to being sexually active?  
What does peer pressure really sound like? (Activity)  
What does peer pressure really look like?  
The Physical, Psychological, Social, Financial consequences of unhealthy choices  
The Physical, Psychological, Social, Financial benefits of healthy choices  
Father of the baby's responsibility  
How does living with Character relate to this topic?  
When should you think about your reputation?  
What type of freedom do you really want?  
What are the evidence based facts about protection?  
Steps of affection and boundary setting  
What are refusal skills?  
Examples of saying no  
Starting over

### 8<sup>th</sup> Grade

What is a healthy relationship?  
What is sexual activity?  
The Physical, Psychological, Social, Financial consequences of unhealthy choices  
The Physical, Psychological, Social, Financial benefits of healthy choices  
STI facts  
Babies come naturally from sex  
What are the evidence based facts about protection?  
Relationship traps: Speed, Heart, Hooking Up (Visual Demo), Porn (Boys), No boundaries  
What are the barriers to making healthy decisions?  
Steps of affection and boundary setting  
Relationship "how to": Character, Compatibility, and Communication  
Relationship con games: Jealousy, Possessiveness, Insecurity, Anger, Accusations, Status  
How to say NO!  
Starting over  
Rewards of waiting  
Rape facts  
Sexual Abuse, Sex-Trafficking (Girls)

### 9<sup>th</sup> Grade Day 1 Presentation

Culture comparison  
Value of marriage  
What is the typical profile of an American teen?  
What is sexual activity?  
The Physical, Psychological, Social, Financial consequences of unhealthy choices  
The Physical, Psychological, Social, Financial benefits of healthy choices  
STI and Pregnancy facts  
The financial reality of teen pregnancy  
Emotional rollercoaster

Actual life span of an average person  
What are the evidence based facts about protection?  
The dating game  
Affection and Commitment  
The teen alcohol scene  
Introduction to healthy boundary setting

### **9th Grade Day 2 Presentation**

What is a healthy relationship?  
Characteristics of a healthy relationship vs an unhealthy relationship  
Crush and Infatuation  
Love  
Relationship Attachment Model  
Natural progression of sexual activity  
Boundary setting  
What is innocent flirting?  
The natural bonding love hormones  
Common teen trends  
Some simple facts-perspective  
Who are you responsible for?  
Healthy assertiveness  
Freedom  
Starting over  
Creative dating with intention

### **9th Grade 1 Day Only Presentation**

Culture comparison  
Value of marriage  
What is the typical profile of an American teen?  
What is sexual activity?  
The Physical, Psychological, Social, Financial consequences of unhealthy choices  
The Physical, Psychological, Social, Financial benefits of healthy choices  
STI and Pregnancy facts  
The financial reality of teen pregnancy  
Emotional rollercoaster  
Actual life span of an average person  
What are the evidence based facts about protection?  
What is a healthy relationship?  
Natural progression of sexual activity  
Affection and Commitment  
The teen alcohol scene  
The dating game  
Introduction to healthy boundary setting  
Starting over

### **Book and Parent Presentation Details: Equipping Parents to Tackle Sex and Dating with Truth and Tenacity, By Talli Moellering**

The Teens Perspective  
It's a gamble, who will win

Teen brain development  
The profile of a typical American teen

Transition rate of sexual activity by grade  
 What is sexual activity?  
 Influences to sexual activity  
 Millennial Mind  
 What is love?  
 What is a healthy relationship?  
 The Sexual Freedom Model  
 5 Key learning areas  
 Evidenced Based Protection  
 Neurochemicals  
 Who are you responsible for?  
 Common teen trends  
 It's not a game

Relationship “how to”  
 Assertiveness  
 How to make healthy choices  
 Barriers to making healthy choices  
 Set the Boundary  
 Innocent flirting vs Sexual foreplay  
 Respect  
 Your past  
 Rewards of waiting  
 Does marriage matter?  
 The greatest danger  
 Dangerous Apps

Talli Moellering is a mom, a speaker, an author, and a sexual risk avoidance specialist with fifteen years of experience working with teens, parents, and public school health educators. She is also the executive director of a women’s clinic in the Atlanta area that specializes in unplanned pregnancy. To learn more about Talli, check out her website and FB page: [www.tlcconsultantsinc.com](http://www.tlcconsultantsinc.com), FB: Talli Talk.

*"The concepts presented...are simple, practical—yet eye-opening. Reading this book can have a positive effect on your family for generations to come."*  
 Dr. Doug Roseneau, author of the bestseller *A Celebration of Sex*

*"As the mom of a teen daughter, I am so grateful for Talli's practical experience and wisdom in this hyper-sexualized culture."*  
 Shaunti Feldhahn, best-selling author of *For Women Only* and *For Parents Only*

**OUR KIDS ARE PIONEERS** in a world that presents more temptations, looser morals, and fewer consequences related to sexuality than many of us, as parents, could ever anticipate. How do we help our tweens and teens and guide them through these complicated years?

**Let's Talk About S-E-X** will introduce you to the **Pure Sexual Freedom** model, a valuable tool that helps parents to navigate some of the toughest topics that tweens and teens face, and to guide them toward making healthy choices. Using research, stories, and practical advice that she's honed and tested for years in classrooms and parent presentations, Talli Moellering will:

- ↳ Equip you to calmly yet confidently have conversations with your tween or teen about the emotional and physical benefits of not engaging in at-risk sexual activity.
- ↳ Remove barriers that keep you from discussing the importance of healthy sexual boundaries, self-respect, and respect for others.
- ↳ Empower you with practical, relevant, and creative ways to apply the Pure Sexual Freedom model into everyday family moments.

Parents, our place is on the front lines, fighting for our children's future by helping them understand that the choices they make today will impact their life tomorrow. This book will help you prepare for the battle.

**TALLI MOELLERING** is a mom, a speaker, and a sexual risk avoidance specialist with fifteen years of experience working with teens, parents, and public school health educators. She is also the executive director of a women's clinic in the Atlanta area that specializes in unplanned pregnancies.

Visit Talli online at [www.tallitalk.com](http://www.tallitalk.com) or [www.tlcconsultantsinc.com](http://www.tlcconsultantsinc.com)

**TLC** Consultants  
 Empowering our life choices

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\*Faith based components are only added when requested.